

Mixed Berry Yogurt Ice Pops

3/4 cup raspberries

3/4 cup blueberries

3/4 cup strawberries

1/3 cup Splenda

2 7 ounce containers 5% fage

pinch salt

Puree all ingredients together. Pour into popsicle molds and freeze for at least four hours. Run popsicle molds under warm water if necessary to unmold. Serve.